Typical Developmental Milestones

TWO TO THREE YEARS
- Jump in place, two feet together
- Stand on one foot, unaided
- Kick ball forward
- Throw ball
- Snip with scissors
- Hold crayon with thumb and finger
- Imitate vertical, horizontal & circular strokes on paper
- Match shapes
- Can tell how many 1 or 2
- Roll, pound, squeeze clay material
- Follow simple directions
- Play near other children
- Identify objects by their use
- Imitate words heard
- Communicate using short phrases
- Assist with dressing/undressing

THREE TO FOUR YEARS
- Balance on one foot 5 seconds
- Pedal a tricycle
- Throw ball with direction & catch ball
- Copy circle, imitate a cross on paper
- Scribble, holding crayon correctly
- Match/sort objects by color & shape
- Rote count to 5/count objects to 3
- Knows own name and age
- Knows phrases of songs
- Listen to short story (5 minutes)
- Share toys, take turns
- Pretend play with dolls and people
- Stay on activity of choice 5 minutes
- Follow 2-step commands
- Communicate in 3-4 word sentence
- Use pronouns (I, you, me) and plurals
- Use toilet independently

FOUR TO FIVE YEARS
- Hop on one foot
- Run & change direction without stopping
- Draw a person with four body parts
- Dress/undress/use toilet by self
- Knows right from left
- Uses scribbles & some letters to write
- May copy some letters and shapes
- Can identify own name in print
- Count 10 or more objects
- Able to copy/extend a simple pattern
- Name at least four colors correctly
- Stay on activity of choice 10 minutes
- Say own name and address
- Verbalize own feelings
- Carry on conversation on one topic
- Knows function of money
- Wants to please friends/be like them

Contact:
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