

School Behavioral Health Services

Frequently Asked Questions

<p>Q1. Does a family need insurance to receive help? and/or What if the family doesn't have insurance?</p>	<p>A1. Yes, families need insurance.</p> <p>Families without insurance can apply for Medicaid or NC Health Choice. To determine which option might best suit the family have them visit: North Carolina Medicaid Eligibility</p> <p>NC Health Choice is a health insurance program for children of families who make too much to qualify for Medicaid, but too little to afford private insurance. Families can apply for NC Health Choice at the CC Health Department. School social workers can assist families with the application process.</p> <p>Mental health providers also offer sliding scales and some qualify for state funding to cover the cost of services to families who can not afford the services.</p> <p>The CCS MOA stipulates that no families shall be denied services for financial reasons.</p>
<p>Q2. How will data be tracked for effectiveness?</p>	<p>A2. The Student Services Team at each school will collect and analyze data on student usage and parent perception of the SBH program.</p> <p>Student outcome data (office discipline referrals, ISS, OSS, attendance, achievement) will also be used to demonstrate the success of the program for individual students.</p>
<p>Q3. Will each school be provided with a mental health provider?</p>	<p>A3. The program will be implemented in stages with the overall goal of full implementation by 2024.</p>
<p>Q4. If the SST is used, how long could the process take before a student receives mental health counseling?</p>	<p>A4. The role of the SST is to identify and track referrals, troubleshoot concerns, and analyze data about student usage and parent parent perception of the program. Counseling services will begin once all of the administrative paperwork is completed by the school, therapist, and parent.</p>
<p>Q5. Can families use their own independent counselors or the county will hire counselors that</p>	<p>A5. Families are able to keep their own independent counseling services; however, those providers will not be</p>

will be available?	allowed to provide services on the school campus. CCS is not hiring counselors for the SBH program. SBH is a partnership between CCS and select mental health providers to offer individual and family counseling services on the school campus during the school day. SBH clinicians/therapists are not employees of CCS.
Q6. How often will students be pulled for school behavioral health services?	A6. Services will be determined on a case by case basis (i.e. no more than 45 minutes per session) by the therapist. However, parents/guardians and school staff should provide input (i.e. best time to pull students etc) to ensure that the student's academic progress is not negatively impacted.
Q7. What are the parameters for students regarding missing instruction?	A7. School administrators and teachers are expected to work with ALL students to make up assignments missed while the student is receiving services. The student handbook should set the parameters for missing assignments and instructions. Although SBH is not considered an absence, the school policy for making up work due to excused absences should be utilized by school staff in determining how to manage these situations.
Q8. Where will the counseling take place?	A8. The principal will designate a confidential space in the school building.
Q9. What is the connection between the School-based Care Review program and School Behavioral Health Services?	<p>A9. Care Review Consultants are CCS employees. All of our CRCs are certified school counselors or school social workers who provide group counseling (SPARCS), case management, linkage and referral to school and community resources, prevention workshops, and facilitate Care Review meetings to help schools and families to manage stressors that are impacting school functioning. Care Review Consultants will support the SBH program by identifying and linking students and families to services. In addition, the Care Review Consultants will assist with the monitoring of the SBH program.</p> <p>SBH is a partnership between CCS and select mental health providers to offer individual and family counseling on the school campus during the instructional day. It is an insurance based program. Therapists assigned to the SBH program are NOT CCS employees.</p>
Q10. How many days per week will the provider	A10. The providers will provide counseling services based

offer counseling services to students?	upon schools' office space availability. This will be flexible and different for each school setting.
Q11. My school currently does not have an office space. What should we do?	A11. To allow time for adequate space to be determined, your school will be moved to a later phase of implementation. Your students will not receive services at a neighboring school in the interim.