

## 2023 JULY SUMMER MEALS MENU

To locate free summer meals: Text "Summer Meals" to 97779 Call toll free: 1-866-348-6479 or 1-877-8HAMBRE (1-877-842-6273)

7-3  Cheese Dunkers w/Marinara Sauce Green Beans Peach Cup Character Grahams Cold Milk	7-4  <b>**Holiday**</b>	7-5  Turkey Taco Bowl Seasoned Corn Apple Slices Cookie Cold Milk	7-6  Corn Dog Nuggets Emoji Fries Applesauce Cup Goldfish Color Cracker Cold Milk	7-7  Deli Ham & Cheese Sandwich Baked Chips Fresh Veggie Cup w/Dressing Cool Tropics Slush Cold Milk
7-10  Pizza Seasoned Peas Strawberry Cup Scooby Doo Crackers Cold Milk	7-11  Hotdog on Bun w/ Chili Seasoned Corn Applesauce Cup Cookie Cold Milk	7-12  Cheeseburger On Bun Baked Beans Seasonal Fresh Fruit Lindy's Frozen Ice Cup Cold Milk	7-13  Chicken Nuggets w/Biscuit Whipped Potatoes Banana Cheez-it Crackers Cold Milk	7-14  Yogurt, Cheese Stick & Muffin Baby Carrots w/Dressing Cool Tropics Slush Cold Milk
7-17  Cheese Dunkers w/Marinara Sauce Green Beans Peach Cup Character Grahams Cold Milk	7-18  Chicken Sandwich Mixed Vegetables Raisins Mixed Berry Cup Cold Milk	7-19  Turkey Taco Bowl Seasoned Corn Apple Slices Cookie Cold Milk	7-20  Corn Dog Nuggets Emoji Fries Applesauce Cup Goldfish Color Cracker Cold Milk	7-21  Deli Ham & Cheese Sandwich Baked Chips Fresh Veggie Cup w/Dressing Cool Tropics Slush Cold Milk
7-24  Pizza Seasoned Peas Strawberry Cup Scooby Doo Crackers Cold Milk	7-25  Hotdog on Bun w/ Chili Seasoned Corn Applesauce Cup Cookie Cold Milk	7-26  Cheeseburger On Bun Baked Beans Seasonal Fresh Fruit Lindy's Frozen Ice Cup Cold Milk	7-27  Chicken Nuggets w/Biscuit Whipped Potatoes Banana Cheez-it Crackers Cold Milk	7-28  Yogurt, Cheese Stick & Muffin Baby Carrots w/Dressing Cool Tropics Slush Cold Milk

This institution is an equal opportunity provider.