



Tennis Workout Schedule

Summer 2023/2024

Head Coach: John Kaiser

JohnKaiser@ccs.k12.nc.us

Location: 71st High School Tennis Courts



June						
Su	Mo	Tu	We	Th.	Fr	Sa
				1 No Workouts	2 No Workouts	3
4	5 4pm-6pm	6 71st Graduation No Workouts	7 JBHS Graduation No Workouts	8 4pm-6pm	9 4pm-6pm	10
11	12 8am-10am	13 8am-10am	14 8am-10am	15 8am-10am	16 No Workouts	17
18	19 8am-10am	20 8am-10am	21 8am-10am	22 8am-10am	23 No Workouts	24
25	26 8am-10am	27 8am-10am	28 8am-10am	29 8am-10am	30 No Workouts	

July

Su	Mo	Tu	We	Th.	Fr	Sa
						1
2	3 Dead-Period No Workouts	4 Dead-Period No Workouts	5 Dead-Period No Workouts	6 Dead-Period No Workouts	7 Dead-Period No Workouts	8
9	10 8am- 10am	11 8am- 10am	12 8am- 10am	13 8am- 10am	14 8am- 10am	15
16	17 Dead-Period No Workouts	18 Dead-Period No Workouts	19 Dead-Period No Workouts	20 Dead-Period No Workouts	21 Dead-Period No Workouts	22
23	24 8am- 10am	25 8am- 10am	26 8am- 10am	27 8am- 10am	28 8am- 10am	29